# Medication Safety: Lessons Learned

CINA 30<sup>th</sup> Anniversary Conference

> October 20<sup>th</sup>, 2005 Christine Koczmara, RN, BScPsy



# Medication Safety: Lessons Learned

## ISMP Canada

- Research Highlights
- Making Health Care Safer: Key Steps

# **ISMP CANADA**

- Independent nonprofit national organization
- Founded in 1999 with assistance from ISMP US and Board of Directors
- Established for:
  - collection and analysis of medication error reports and
  - development of recommendations for the enhancement of patient safety.

# **Collection of Reports**

- To date, we have collected 11,687 medication incidents in our database.
- Voluntary reporting
  - Errors, near-misses and hazardous situations confidential
  - non-punitive
  - Front-line practitioners provide detailed, unrestricted information on incidents

# How Error Reports are received:

 website: <u>www.ismp-canada.org;</u>
 e-mail: <u>info@ismp-canada.org;</u>
 Phone: 1-866-54-ISMPC [47672] or 416-480-4099.

ISMP Canada guarantees confidentiality and security of information received. ISMP Canada respects the wishes of the reporter as to the level of detail to be included in publications.

## How Error Reports are received:





Version 2.7.0.3



The permission to use the Taxonomy of Medication Errors copyrighted by the National Coordinating Council for Medication Error Reporting and Prevention in this program is gratefully acknowledged.

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Supported by MOHLTC for facilities in Ontario

# ISMP Canada Programs cont'd

- Analyze-Err
- Medication Safety Support Service
  - Potassium Chloride
  - Narcotics
- Medication Safety Self-Assessment
- Fellowship program- new
- Education/ Presentations

## **Analysis and Recommendations**



A Need to "Flush" Out High Concentration Heparin Products

10 mL

 $2 \,\mathrm{mL}$ 

10 mL

1 mL

 $10 \, \mathrm{mL}$ 

30 mL

ImL

SmL

0.2 mL

 $2 \,\mathrm{mL}$ 

les only

s/l ml

Units/10 m

1,000 Units/mL

10,000 Units/10 ml

30.000 Units/30 mI

10.000 Units/mL

50,000 Units/5 mL

5.000 Units/0.2 mI

50 000 Units/2 mL

homeser unit dose aron

ISMP Canada has received a medication error report involving heparin. The information has been shared by a hospital to wide an alert to other hospitals and healthcare provider

A triple-lumen catheter was inserted into a patient requiring central venous access (also known as a central venous line [CVL] or central venous access device [CVAD]). After Available on ISMP Available on ISMP Available on ISMP insertion, 1 mL of heparin 10,000 units/mL (instead of the intended 1,000 units/mL) was diluted with 9 mL normal saline and administered into each of the three humens (total of 30,000 units of heparin). The next day a nurse found the central line catheter had been accidentally pulled out. Since central venous access was still required, it was decided to reinsert another CVL. Again, three 1 mL vials of concentrated hepari (10,000 units/mL) were used (each diluted with 9 mL saline), however the total dose of heparin administer second CVL insertion is unknown

The following day, there was a decry pressure and severe bruising at was found to have an elevate decrease in hemoglobia intravenous fluids was tra

0 Units/mL

10,000 Units/mL

25,000 Units/mL\*

25.000 Units/mL

5.000 units

\* High concentration produc

wish with oloured labels are zials. This necessitate the range of heparin products which will be made areas. Patient injury as a result of a can occur in any hospital where vials of heparin, such as 10,000 units/mL, are available

Heparin is commonly used to "lock" central venous lines. Generally, protocols provide for a minimal concentration of heparin and a volume equivalent to that of the lumen. The protocol may also require the withdrawal of the heparin lock solution from the lumen prior to flushing (with normal saline) to prevent systemic heparin administration. Confusion can arise because protocols for various types of central lines sometimes combine flushing and locking in one step.

- The contributing factors to the incident described above, as identified by the hospital include: · Availability of multiple concentrations of heparin in
  - the patient care area. Poor legibility of the 1 mL heparin vial label due to small size of vial, small label and small print.

Incomplete communication between physicians and nurses at the time of gathering drugs and supplies for CVL insertion and during the procedure. It is noteworthy that the new hospital protocol for locking of central venous lines was to use a heparin concentration of 10 units/mL.

 Supported by Canadian Medication Incident and **Reporting and Prevention** System (CMIRPS)

 Collaborative between Health Canada, Canadian Institute for Health Information (CIHI) and **ISMP** Canada

•12 per year

## **Analysis and Recommendations**



Depo-Medrol listed methylprednisolone as part of their generic names. She creoncously assumed that both medications were brand names for equivalent products and administered Depo-Medrol 140 mg in 50 mL of saline IV to the child over 1 hour. The Pharmacia (now Pfizer) warning on the vial: "Not for V use" is in mall print

orh

the

The

was not detected until the following day, when th child's mother nented that the medication adminis tered that day was clear while the medica tion given the day before had been cloudy Fortunately, the patient did not experi ence an adverse effect. However, the manufacturer has received reports of adverse reactions, some severe, due to IV administration of Depo-Medrol. The United States Pharmacopeia also advised us that 48 reports of mix-ups between Solu-Medrol and Depo-Medrol have been received through their MEDMARX program in the past 5 years, mostly related to look-alike brand and generic names.

SAFE PRACTICE RECOMMENDATION: To reduce the risk of confusion between Solu-Medrol and Depo-Medrol, consider

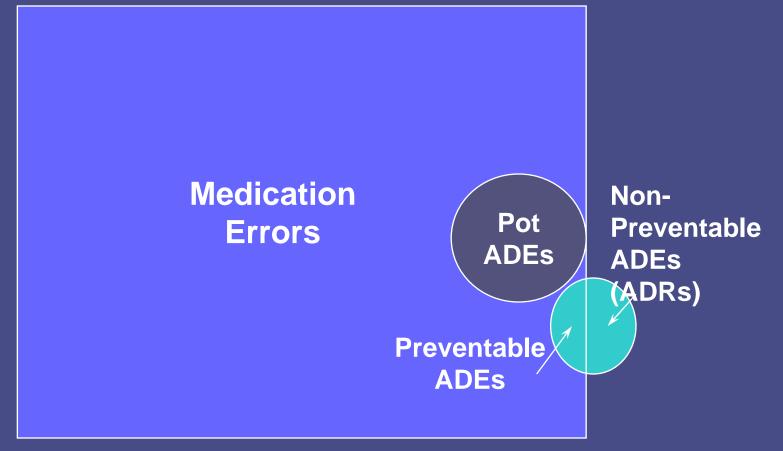
to the differences between Solu-Medrol and Depo Medrol. Some may not be aware that the word "depo" or "depot" in association with a drug indicates slow release or slow absorption, with longer duration of action. Thus, these products are not intended for IV administration continued on page 2

Distribution supported by MOHLTC

# **Other Initiatives:**

- Journal publications on medication safety
  *CMAJ, CACCN, CHSP*
- Hospital News monthly article
- Collaborations:
  - organizations, associations, pharmaceutical, manufacturers, provincial and federal governments

# Relationships Between Med Errors, Potential ADEs and ADEs

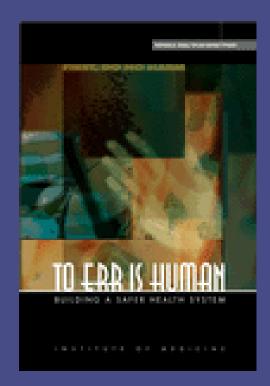


# United States IOM (1999): To Err Is Human

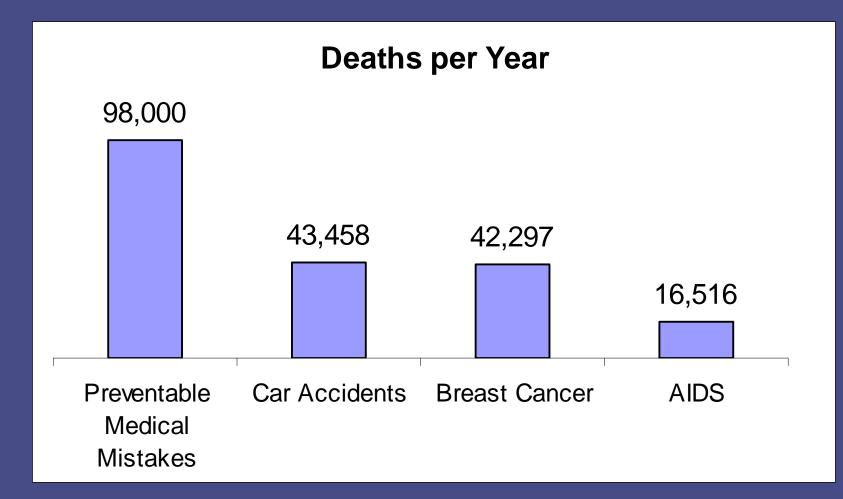
Hospital medical errors kill 44,000-98,000 people per year: "More people die from medical errors each year than from suicides, highway accidents, breast cancer, or AIDS."

"These stunningly high rates of medical errors - resulting in deaths, permanent disability, and unnecessary suffering are simply unacceptable in a system that promises to first 'do no harm'."

William Richardson



# Preventable medical mistakes cause more deaths per year than car accidents, breast cancer or AIDS



Source: The Institute of Medicine: To Err is Human: Building a safer health system, 1999. Additional estimates from the Centres for Disease Control and Prevention, National Vital Statistics Reports, Vol. 47, No. 25

## Comparisons to Other Industries: What if we had 99.9% Accuracy?

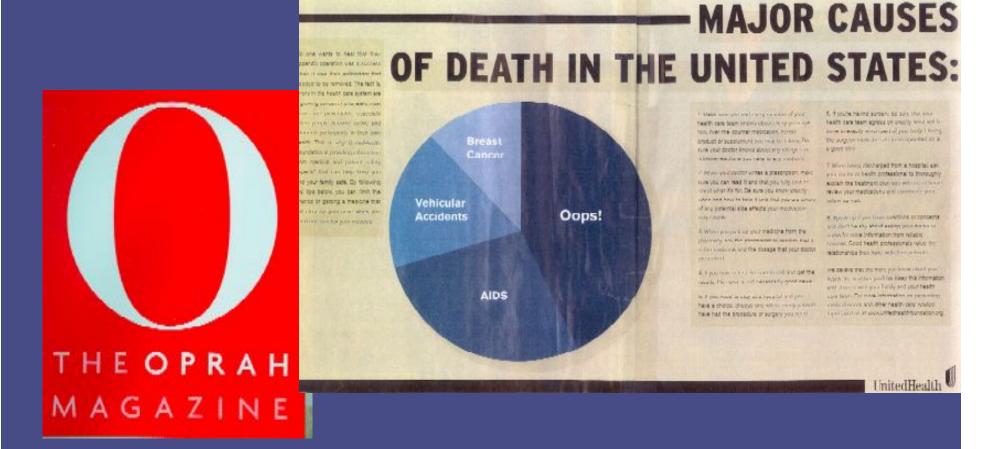
- 2 unsafe landings at O'Hare Airport/ day
- 16,000 pieces of mail lost/ day
  22,000 bank abaguas daduated
- 32,000 bank cheques deducted from the wrong account each HOUR!

(Deming, 1987)

## One specialist says: 'The pen and prescription pad are killing people'



IOW TO PREVENT MEDICAL ERRORS



# Incidence From Other Chart Review Studies

Country	N Charts	Year	Incidence of AE	Preventable?
Australia	14,000	1995	16.6%	51%
USA (Utah & Colorado)	15,000	1999	2.9%	
England	1014	2001	11.7%	50%
New Zealand	1326	2001	10.7%	71.8%
Denmark	1097	2001	9.0%	40.4%



# Canadian Adverse Events Study

Baker GR, Norton PG, Flintoft V, et al. CMAJ. 2004;170(1):1678-1686. Available online at www.cmaj.ca

## Adverse Event

"an unintended injury or complication that results in disability at the time of discharge, death or prolonged hospital stay and that is caused by health care management rather than by the patient's underlying disease process." (p.1679).

## **Canadian Results**

- 7.5% (or 187,500) patients in Canadian hospitals were seriously harmed by their care.
- As many as 9,250 to 23,750 people died in a Canadian hospital as a result of <u>medical</u> errors.
- 37% of adverse events were determined to be preventable.

## **Related Adverse Events**

## <u>#1</u> Surgical = 34.2%

## <u>#2</u>

Medication and fluid-related = 23.6%

### Table 5: Procedures or events to which AEs were related, by service most responsible for delivery of care at time of AE

	Most responsible service; no. of AEs			
Type of procedure or event*	Medicine	Surgery	Other†	Total
Surgical	6	115	2	123
Drug- or fluid-related event	69	15	1	85
Other clinical management	30	11	2	43
Diagnostic	26	11	1	38
Medical	16	9	1	26
Other‡	9	8	1	18
System event§	3	4	4	11
Fracture	2	5	1	8
Anesthesia-related event	1	6	0	7
Obstetric	0	1	0	1
Total	162	185	13	360

\*Physician reviewers could attribute events to more than 1 type of procedure.

†includes dentistry and oral surgery, nursing, osteopathy, pharmacy, physiotherapy and pochairy. ‡AEs not covered in previous categories (e.g., burns, falls).

5System events include AEs that cannot be attributed to an individual or specific source (e.g., communication, reporting, lack of equipment).

## Other Canadian Studies

- Forster AJ et al. Ottawa Hospital Patient Safety Study: incidence and timing of adverse events in patients admitted to a Canadian teaching hospital CMAJ 2004; 170(8): 1235
- Forster AJ et al. Adverse events among medical patients after discharge from hospital. CMAJ 2004; 170(3): 345
- Gurwitz JH et al. The incidence of adverse drug events in two large academic long-term care facilities. AMJ 2005; 118: 251-258

James Bagian, Anesthesiologist, space shuttle astronaut involved in the analysis of the *Challenger* explosion

"Just telling doctors and nurses to be more careful won't do much. We need to change the systems that allow errors to happen".

Scientific America May 2000 New and analysis : Medicine

### Human Error Rates With Selected Activities

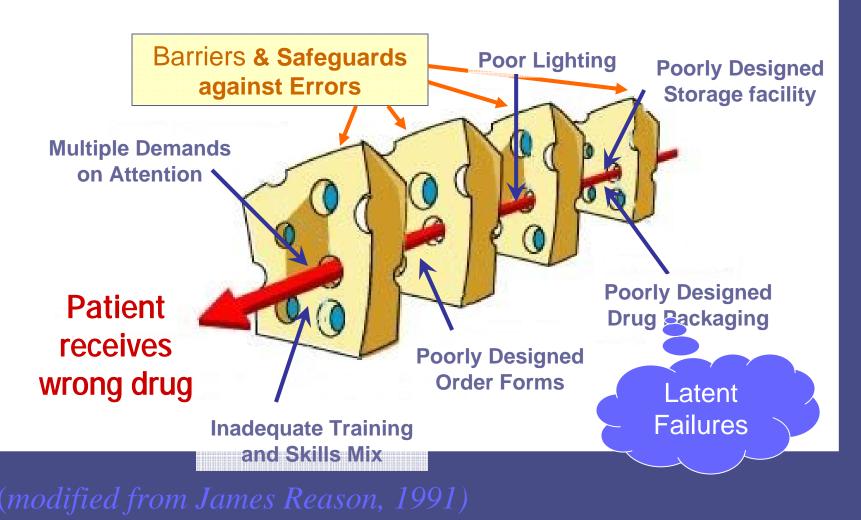
Activity*	Rate of Human Error**
General error of commission for example, misreading a label	3/1000
General error of omission in the absence of reminders	1/100
General error of omission when items are embedded in a procedure for example, cash card is returned from cash machine before money is dispensed	3/1000
Simple arithmetic errors with self checking but without repeating the calculation on another sheet of paper	3/100
Monitor or inspector fails to recognize an error	1/10
Staff on different shifts fail to check hardware condition unless required by checklist or written directive	1/10
General error rate given very high stress levels where dangerous activities are occurring rapidly	1/4

\* Unless otherwise indicated, assumes the activities are performed under no undue time pressures or stress.

\*\* (# of errors / # of opportunities for the error)

Adapted from Nolan TW. System changes to improve patient safety. BMJ 2000;320(7237):771-773 Nolan Canada®

# **Swiss Cheese Model**



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# **Making Health Care Safer**

## Key steps:

- A. Recognize that improving safety is a priority
- B. Improve the **reporting** of errors and near misses
- c. Increase focus on system changes
- D. Gain greater knowledge about safer systems – much already exists
- E. Leadership is needed on all levels

G R Baker & P G Norton

# A. Recognize that Improving Safety is a Priority

## National

- CPSI: Safer Healthcare Now! Medication reconciliation
- Canadian Medication Incident Reporting and Prevention System (CMIRPS)
- Canadian Council on Health Services Accreditation (CCHSA) include patient safety goals
- Provincial (MOHLTC)
  - ISMP Canada Medication Safety Support Service (KCI, Opioids, next anticoagulants)

– EMS / LTC / Community Pharmacy

Patients (OHA)

# CCHSA Patient Safety Goals

Culture

Goal 1: Create a culture of safety within the organization

Communication

Goal 2: Improve the effectiveness and coordination among care/service providers and with the recipients of care/service across the continuum

**Medication Use** 

Goal 3: Ensure the safe use of high risk medications Goal 4: Ensure the safe administration of parenteral medications

# **B. Improve Reporting of Errors and Near Misses**



# Incident Reports As Safety Measures

Method	AE/1000 admissions
Incident Reports	5
Retrospective Chart Revie	ew 30
Stimulated Voluntary Rep	orts 30
Computer Flags	55
Daily chart review	85
Computer Flags and Daily	review 130

Jha J Am Med Inf Assoc 1998;5:305 O'Neil Ann Int Med 1993;119:370 ISMP Canada is an independent Canadian nonprofit agency established for the collection and analysis of medication error reports and the development of recommendations for the enhancement of patient safety.



The Healthcare Insurance Reciprocal of Canada (HIROC) is a member-owned expert provider of professional and general liability coverage and risk management support.

## **ISMP Canada Safety Bulletin**

Volume 2, Issue 4

April, 2002

### SENTINEL EVENT WITH STERILE WATER – LESSONS SHARED

Hospitals are urged to review their storage conditions and supply processes for selected sterile water preparations.

ISMP Canada has recently received an error report describing accidental intravenous infusion of sterile water, instead of the intended normal saline solution. Unfortunately, close to 600 mL 3. The one-litre Sterile Water for Injection product had been used as an alternate to other sterile water products (inhalation and irrigation solutions) as a result of previous back-orders with the sterile water products. This resulted in increased availability of the product in the hospital.

## Bulletin excerpt

### **Canada: 3 reports**

2 hospital 1 ambulance

US: several reports 1 death



### WIK10AO EXP 181324 TUDO IN DIN IEDOG

### 19% Sodium Chloride Injection USP TERLE NONPARCENIC SINGLE

- PERISER (CO INL
- REPORT OF LORIDE USP/CHLORUFIE DE
- ADDITIVESP ACO Mg SODILIVESP ACO Mg I PE DU AND FLECTROLYTE REPLENISHFA
- USE AS PRESCRIBED DIRECTION SHEPT A MALASLE BRON REQUEST
- 1 STUE-ZE AND INSPECT BAR DISCARD IP LEAGING MUST NOT BE LISED IN SERIES COMMECTIONS STORE AT 15" - 30" C
- APPROX mmolit Na 154 CI 154 Demain 308 pH 8.8
- Intection de Chlorure de Socium 0.9% (80)
- ATERLE APYROGENE IXOSAGE UNICLE
- SOLLTION IV AVEG ELECTROLYTES
- 1 -DWNSTREH TEL QUE PRESCRIT PARTE
- VEDECIN REUILLE DE MODE D'EMPLOI SEPONIBLE SUR DEMANDE
- TESSER ET INSPECTER LE SAC JET HE EN
- CASCE FUITES INE COTT PAS ETRE MONTE HASERIE ENTREPOSER ENTRE 15"ET 30"O
- WHATUPA RUGBER LATEX (LADEX) BANASI ATEX NATURE.
- Wallant PVC CONTAINSRITIN (EKANT DE PVC)

### Baxter

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### erile Injection USP

### FOR DIRECT INFUS MACY BULK PACKAGE

NO POLETZE ONDINGFEET CAS HEDRED & LAND

### Sterile pour Injection USP

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# C. Increase the Focus on System Changes



#### **Typical Medication Error Response**

"I should have read the label." "This has not happened before." "This is unlikely to happen again."

Physician who reported a medication error

## **Culture Change**



Need to dispel the belief that healthcare workers are or can be perfect

## **High Alert Medications**

"High-alert medications are drugs that bear a heightened risk of causing significant harm when they are used in error."

From the ISMP Medication Safety Alert!, October 16, 2003, Survey on high-alert medications - Differences between nursing and pharmacy perspectives revealed

# Examples of High-Alert (Risk) Medications

- hypertonic IV solutions
- IV potassium (phosphate & chloride)
- all **narcotic** medications
- chemotherapeutic agents

- heparin & oral warfarin
- neuromuscular blocking agents
- insulin & oral hypoglycemics
- inotropic medication (e.g. digoxin)

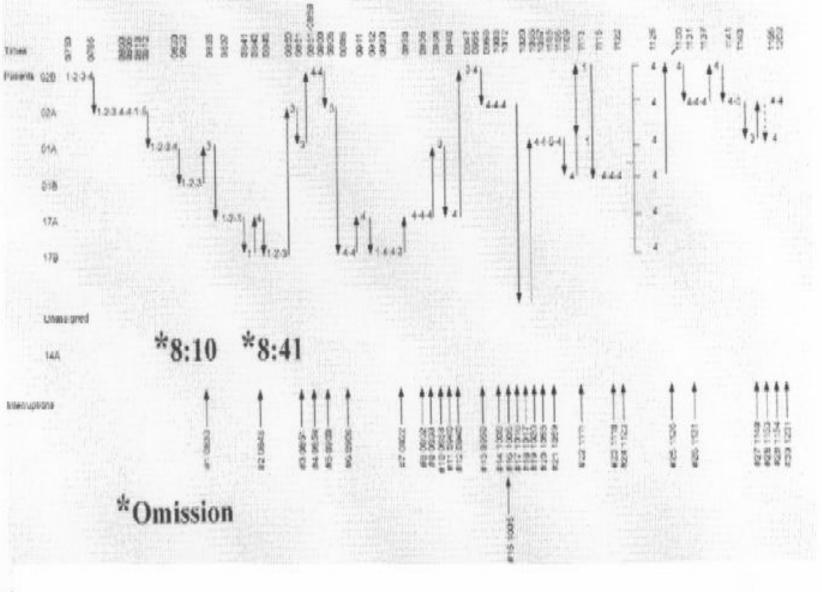
#### www.ismp.org/msaarticles/highalert

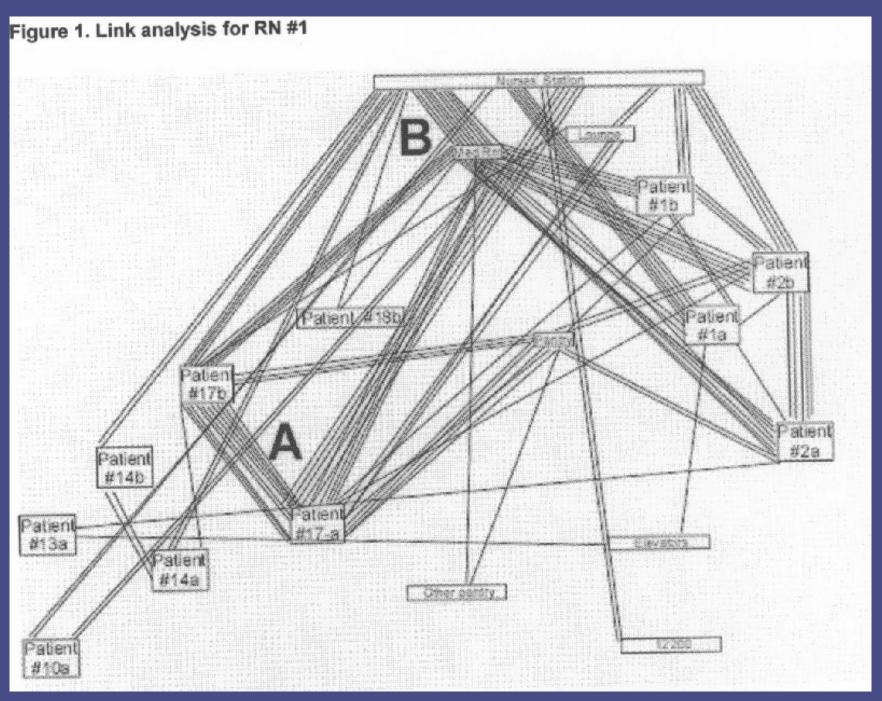
# Reality of Health Care Environments

- Cognitive overload
- Workloads
- Multitasking
- Interruptions
- Miscommunication
- Difficult technology



#### Figure 2. Cognitive pathway for RN #1





Interruption	Time	Description of interruption	Location	Туре	Nursing process	Cognitive stacking measure: # activities
1	0734	Unit Clerk inquiry	Nurses desk	Delay	N/A	5
2	0808	Paged	Patient room	Disrupt direct	Intervention	10
3	0852	RN inquiry	Nurses desk	Disrupt indirect	Intervention	18
4	0853	Patient inquiry	Nurses desk	Disrupt indirect	Intervention	19
5	0935	MD rounds	Patient room	Disrupt direct	Intervention	18
6	0941	Paged	Patient room	Disrupt Indirect	Intervention	18
7	0957	Answers phone	Patient room	Delay	N/A	17
8	1010	Responds to patient call out	Hallway	Delay	N/A	17
9	1014	Computer malfunction	Patient room	Delay	N/A	17
10	1021	Unit Clerk report	Nurses desk	Disrupt direct	Planning	17
11	1104	MD inquiry	Nurses desk	Disrupt direct	Planning	19
12	1105	Unit Clerk inquiry	Nurses desk	Delay	N/A	18
13	1239	Computer malfunction	Patient room	Delay	N/A	14
14	1248	Paged	Patient room	Delay	N/A	14
15	1359	Patient inquiry	Hallway	Delay	N/A	15
16	1451	Unit Clerk report	Nurses station	Delay	N/A	11

#### **Confirmation Bias**

It leads one to "see" information that confirms our expectation rather than to see information that contradict our expectation.



#### The pweor of the hmuan mnid

Aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mttaer in what oredr the ltteers in a wrod are. The olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit pclae. The rset can be a total mses and you can sitll raed it wouthit porbelm. Tihs is becaue the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe.

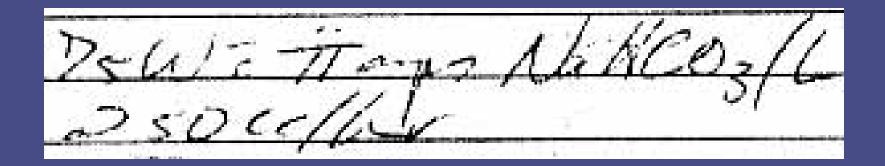
Amzanig huh?

60 Regular Insulin Now

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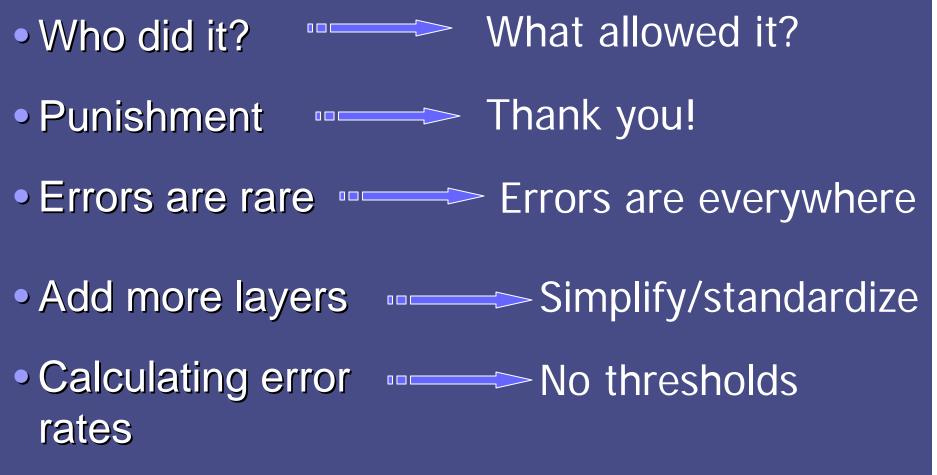








# Medication Errors- a new way of thinking



## D. Gain Greater Knowledge About Safer Systems

## **Human Factors Engineering**

- Research and practical applications designed to improve the interface of humans with systems
- Develops practical design principles that account for the psychological and physical characteristics of people

# **Principles**

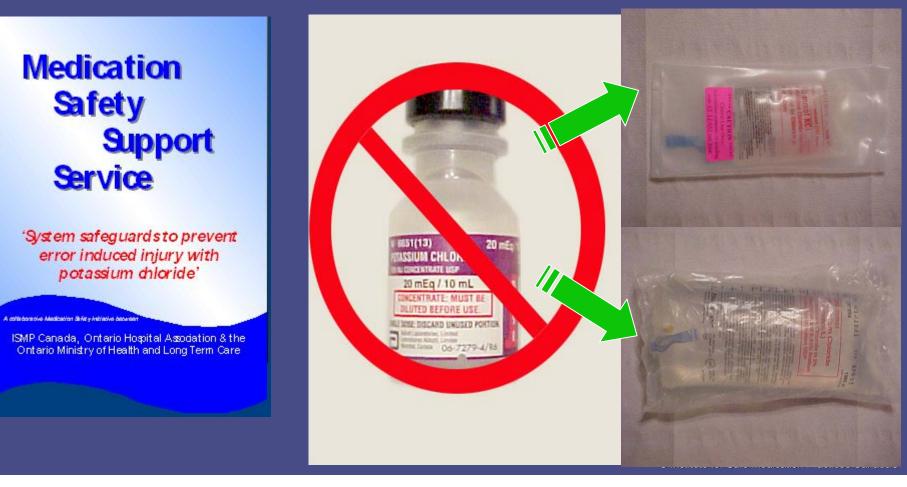
- Reduce or eliminate the possibility of errors
- Make errors visible
- Minimize the consequences of errors

#### Rank Order of Error Reduction Strategies

- **1.** Forcing functions and constraints
- 2. Automation and computerization
- 3. Simplify, standardize and differentiate
- 4. Reminders, check lists and double check systems
- 5. Rules and policies
- 6. Education
- 7. Information
- 8. Punishment (no value)

# Applying Error Reduction Strategies

#### 1. Forcing functions and constraints



#### Man's death after drug error to be probed

# **Constraint:**

#### Hydromorphone 10 mg was removed

that may have caused a patient's death.

The 69-year-old man, who was not identified, died after being treated at the Red Deer Regional Hospital Centre for a chest injury from a horseback riding accident on Sunday.

"This is a tragedy. Our first concern and attention indeed is to this family who... are grieving and very distressed at what has happened," said David Dawson, vice-president of medicine for the David Thompson Health Region.

"We also, of course, are very much concerned to make sure we take the immediate actions that are needed to reduce to an absolute minimum the likelihood that anything like this may subsequently occur."

The case is the third known death

#### ve wrong narcotic torse-riding accident

from a drug mix-up in Alberta this year.

The man, who was brought in by ambulance but was in stable condition, was X-rayed and observed in the hospital's emergency room for a few hours. Before being discharged, he was prescribed 10 milligrams of morphine for pain.

However, a nurse instead injected him with 10 milligrams of hydromorphone — an amount considered an overdose. The medication is a highly concentrated narcotic that can slow breathing and is normally used in palliative care.

"The two drugs have a similar name, they look very similar. There are a number of factors that could have led to the error," said Denise McBain, the health region's senior vice-president and chief operating officer.

The mistake was discovered about an hour after the injection, and about 30 minutes after the man left with his family, when the ER shift changed and staff did a routine narcotic count. A phone message was quickly left instructing the patient to go to hospital immediately.

However, as the man and his family drove home, his condition "deteriorated very quickly," Dr. Dawson said.

He died after arriving at a hospital in Innisfail, south of the central city of Red Deer, despite the use of a drug to combat the effects of hydromorphone.

The "very experienced" nurse who made the mistake was put on indefinite paid leave and feels terrible, Ms. McBain said.

Officials stressed that they will not know whether the mistake resulted in the man's death until the medical examiner's final report is available in about 10 days.

"The evidence is not all in and therefore I think it would be unfair to conclude what the cause of death is," Dr. Dawson said.

Alberta Health Minister Gary Mar told reporters he will work with the health region to ensure such an error does not happen again.

Ms. McBain said an independent team of experts from outside Alberta will be asked to conduct an investigation and issue public recommendations.

## Applying Error Reduction Strategies

- 2. Automation and Computerization:
  - CPOE
  - Bar Code technology





Smart pumps







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#### Applying Error Reduction Strategies

3. Simplify, standardize and differentiate

Bedrock Human Factors Principles

- o reduce steps and interfaces
- o Call 911
- Standardize processes and procedures
  - o Airline industry





## **Standardization**



#### Standardize Order Communication

- Use leading zero (0.1 mg not .1 mg)
- No trailing zeros (1 mg not 1.0 mg)
- Avoid nonstandard abbreviations ("U" for unit, q.d., drug name abbreviations such as "MS")

### Differentiate

### vincristine vinblastine



### vinCRIStine vinBLASTine

### **Applying Error Reduction Strategies**

## 4. Independent double checks & other redundancies

### Where Medication Errors Occur...



PRESCRIBING 39% of errors



TRANSCRIPTION 12% of errors





### Independent Double Checks: Working Definition

An Independent Double Check is a process in which a second practitioner conducts an individual verification.

### **Independent Double Checks**

### Common in other industries



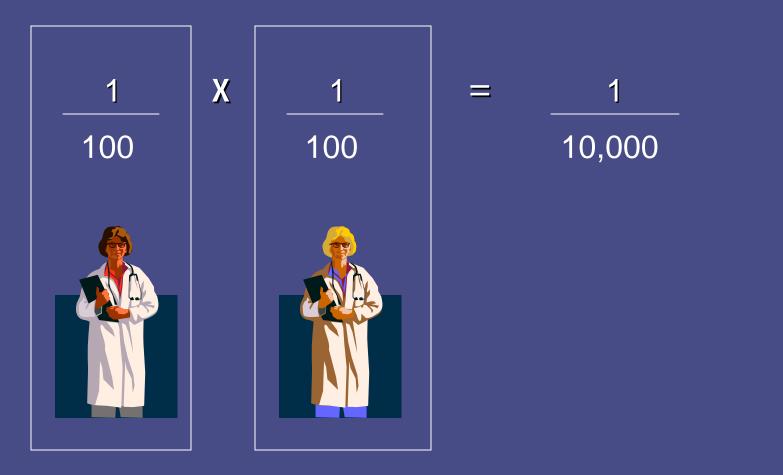
 Acknowledges complex and high risk systems and that practitioners are human, and therefore fallible

### Independent Double Checks

Research show that people find 95% of mistakes when double checking the work of others

Grasha et al. Process and Delayed Verification Errors in Community Pharmacy. Tech Report Number 112101. (2001) Cognitive Systems Performance Lab

# It Reduces the Probability of Error



### **Expectation of the 5 Rights**

- Right drug
- Right patient
- Right dose
- Right route
- Right time

These are desired outcomes but do not provide standardized process on how to achieve them

## **Patient Safety**

MEASURING PATIENT SAFETY

## 

### Interventions to <u>PREVENT</u> errors

### Medical Product Design

(IV tubing, pumps, monitors, drug packaging & labels, medical records)

Work Environment Design (Architecture, Work Station Design)

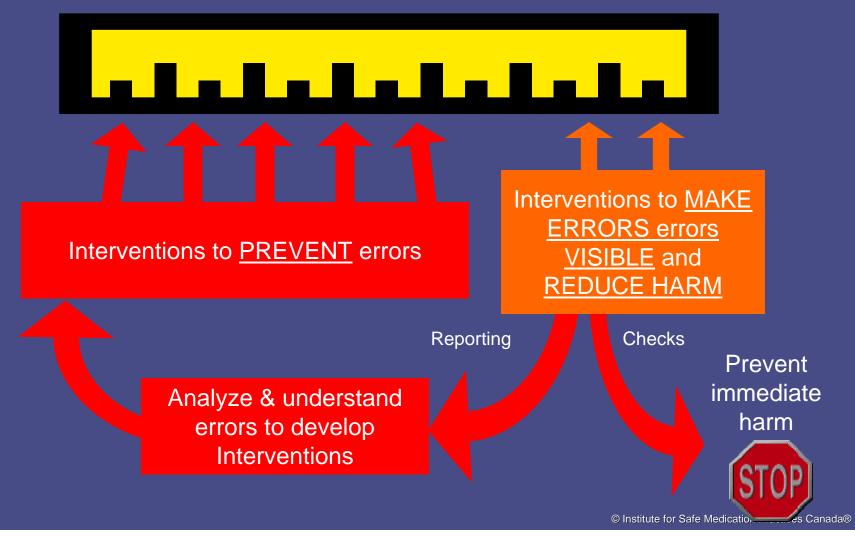
Task or Process Design

Interventions to <u>MAKE ERRORS</u> <u>errors VISIBLE</u> and <u>REDUCE HARM</u>

Close Call ReportingChecks (auto or manual)

## **Patient Safety**

MEASURING PATIENT SAFETY



# Why do we need independent double checks?

Front line staff work with:

- High Stress Environment
- High Risk Drugs
- Poorly designed Order Forms
  - Poorly designed Packages & Labels!
    - Poorly designed Pumps

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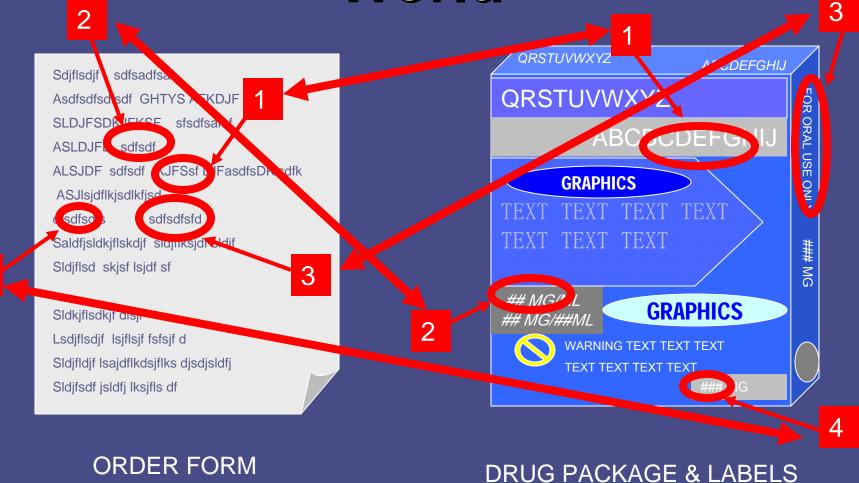
Human

**Factors** 

 $\checkmark$ 

 $\checkmark$ 

## The Physical & Cognitive World



4

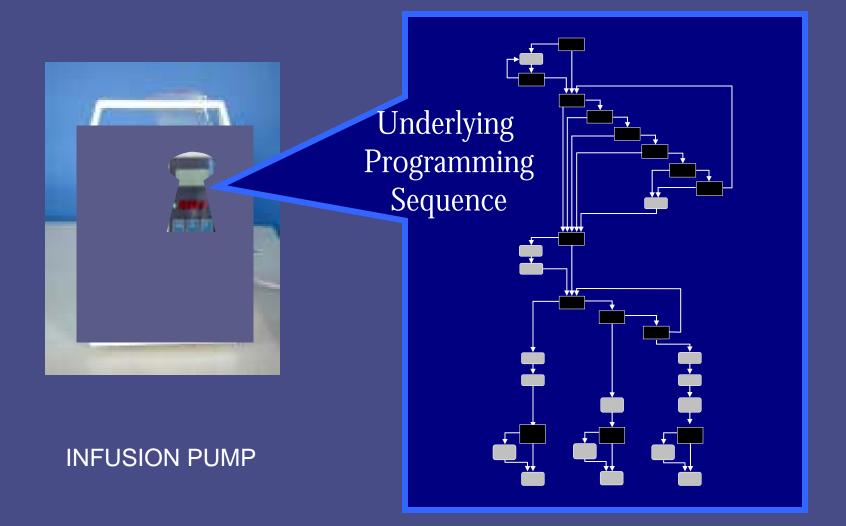
### **Infusion Pumps**



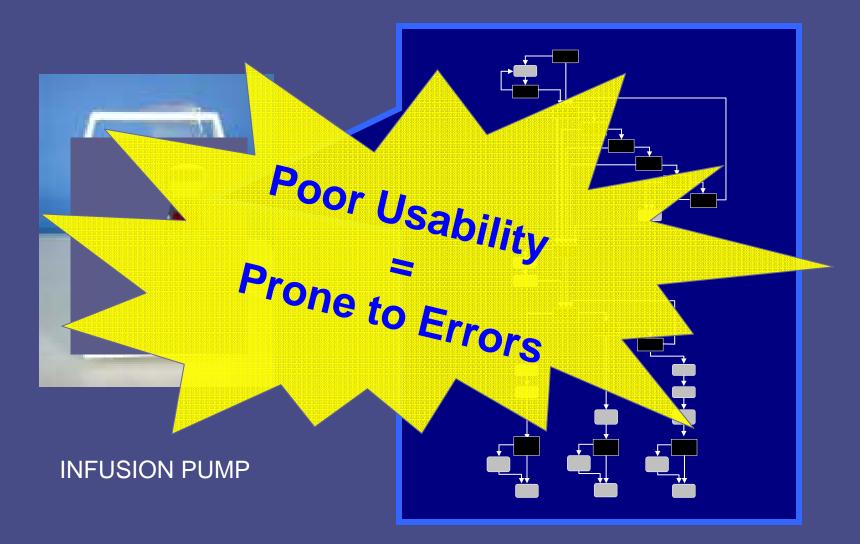


### **INFUSION PUMP**

### Looking Through the Keyhole



### Looking Through the Keyhole



### ISMP Canada Medication Safety Support Service (MSSS) – Supported MOHLTC

## 5. Rules and Policies

bring to point of care

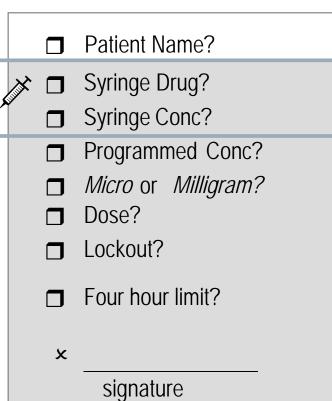
Doctor's Order Sheet Focus of Anesthesia/Acute Pain Service usability Patient Controlled Analgesia (PCA) Orders test PLEASE USE BLACK ALLERGIES: OR BLUE BALLPOINT PEN, PRESS FIRMLY NO KNOWN ALLERGIES KNOWN ALLERGIES (Specify) AND ACTION R MR PHYSICIAN'S ORDER AND SIGNATURE While on PCA device, the patient is to receive No further suppl ntal Narcoti :s or oth CNS depressants unless approved by the Anaesthesia/Acute Pain Service. Only the patient should press the PCA delivery pendant unless se directed the APS. enendent Double Ch CHECKLIST (Check Z appropriate box(es) and complete orders as requ Patient Name? red) 1. PCA DRUG: □ Syringe Drug? Morphine 2 mg/mL. Syringe Conc? Hydromorphone 0.4 mg/mL Programmed Conc? Other:\_ D Micro- or Milligram? PUMP SETTINGS: D Dose/ Dose Lockout? ma to ma Initial Lockout Interval ..... minute(s) □ Four hour limit? Four hour limit signature MONITORING: t on PCAFlo i) a) Two RN's will check and verify the initial PCA settings and doc b) RN will check and verify PCA setting every shift and document on PCA Flowsheet. c) Respiratory Rate and Sedation Score q 2 h x 24 hours, then q 4 h. Record on PCA. Flow Sheet ii) Call Acute Pain Service (APS) if: a) Respiratory Rate less than 10/minute b) Blood Pressure Systolic less than 90 mm Hg. c) Pulse less than 50 beats per minute. d) Sedation Score of 3 (somnolent, difficult to rouse) or if patient confused. e) Inadequate pain control (eg: Pain score greater than 4 out of 10). f) If four hour limit of drug dose is reached before 4 hours has elapsed. iii) If side effects of slow respiratory rate, hypotension or somnolence occur, STOP PCA Pump immediately and inform attending service as well as Acute Pain Service.

This is an example of an existing PCA order form. This order form was NOT evaluated. Only

the Independent Double Check CHECKLIST was evaluated in the usability test.

#### Independent Double Check

### CHECKLIST



Independent Double Check Tool

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## Applying Error Reduction Strategies Culture and Communication

- 6. Education and Information
- Educating staff:
  - System-based causes of medication errors
  - Hierarchy of effectiveness of error prevention strategies
  - Bring patients and family into the medication-use process

### **E.** Leadership Needed

- "Culture of Safety" = <u>FOUNDATION</u>
- Making safety a priority (quality, outcomes)
- Eliminate use of "error rates" as a measurement tool
- Use of meaningful error tracking methods
- Proactive approach
  - Failure Mode and Effects Analysis (FMEA)
  - Learning from each other (internal, external, outside healthcare)
  - High reliability organizations

### What Nurses Can Do?

- Cultivate a culture of safety
  - Report errors/ near misses/ hazardous conditions
  - Learn and talk about errors in your system
- Ensure orders are complete
- Authority gradient challenge
- Avoid use of dangerous abbreviations (telephone or verbal orders, MAR, PCP)
- Embrace patient/ family into process

Cohen MR. Medication Errors. Causes, Prevention, and Risk Management; 9.1-11.19.

### What Nurses Can Do?

- Avoid work-a-rounds
- Read- back orders (e.g., "five zero")
- Independent double checking
- Learn and apply system-based strategies
- Be vigilant
- Trust your intuition: "if it doesn't feel right, it probably isn't"

"Technically the biggest 'safety system' in healthcare is the minds and hearts of the workers who keep intercepting the flaws in the system and prevent patients from being hurt. They are the safety net, not the cause of injury".

Don Berwick, IHI