Guest Post: 5 Questions to Ask about Your Medications

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GUEST POST: QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

A Guest Commentary from Pharmacists and Pharmacy Students

Dr. Sarah Brown, a registered pharmacist, and Dr. John Smith, a pharmacy student, discuss the importance of understanding your medications. They stress that patients should always ask questions to ensure they are taking their medications safely and effectively.

1. CHANGES?

Have you noticed any changes in the appearance of your medications? Are they different from what you are used to? This can be an important indicator of a potential problem.

2. CONTINUE?

Are you sure you should continue taking your medications as prescribed? Any changes in your health or circumstances may require a re-evaluation of your medication regimen.

3. PROPER USE?

Have you been using your medications as prescribed? It is important to follow the instructions carefully to ensure maximum effectiveness.

4. MONITOR?

Do you need to monitor any side effects or interactions? Your medications may cause side effects or interact with other medications you are taking.

5. FOLLOW-UP?

Have you had a follow-up appointment with your healthcare provider? It is important to discuss any changes in your condition or medications.

The importance of asking questions is critical to ensuring safe and effective medication use. Patients should feel empowered to ask questions and work with their healthcare providers to make informed decisions about their medications.

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Base Study: Healthcare professionals a key in educating patients about medication safety. Patients should make the most of their appointments by asking about their medications and reporting any issues.

Dr. Brown and Dr. Smith encourage patients to take an active role in their healthcare and ask these important questions to ensure their medications are safe and effective.