5 QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

when you see your doctor, nurse, or pharmacist.

1. CHANGES?

Have any medications been added, stopped or changed, and why?

2. CONTINUE?

What medications do I need to keep taking, and why?

3. PROPER USE?

How do I take my medications, and for how long?

4. MONITOR?

How will I know if my medication is working, and what side effects do I watch for?

5. FOLLOW-UP?

Do I need any tests and when do I book my next visit?

Keep your medication record up to date.

Remember to include:

- drug allergies
- vitamins and minerals
- herbal/natural products
- all medications including non-prescription products

Ask your doctor, nurse or pharmacist to review all your medications to see if any can be stopped or reduced.

© 2016 ISMP Canada

ismp CANADA
Institute for Safe Medication Practices Canada
Institut pour la sécurité des médicaments aux patients du Canada

cpsi icsp
Canadian Patient Safety Institute
Institut canadien pour la sécurité des patients

SIMPLICITY WELLNESS

Canadian Society of Hospital Pharmacists
Société canadienne des pharmaciens d'hôpitaux

Canadian Pharmacists Association
Association des Pharmaciens du Canada

SafeMedicationUse.ca

Patients for Patient Safety Canada
Patients pour la sécurité des patients du Canada

Visit safemedicationuse.ca for more information.