# QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

when you see your doctor, nurse, or pharmacist.

# **1. CHANGES?**

Have any medications been added, stopped or changed, and why?

# **2. CONTINUE?**

What medications do I need to keep taking, and why?

### **3. PROPER USE?**

How do I take my medications, and for how long?

## 4. MONITOR?

How will I know if my medication is working, and what side effects do I watch for?

# 5. FOLLOW-UP?

Do I need any tests and when do I book my next visit?







l/mr



CANADIAN ASSOCIATION DES PHARMACISTS PHARMACIENS ASSOCIATION DU CANADA Keep your

Keep your medication record up to date.

#### Remember to include:

- ✓ drug allergies
- vitamins and minerals
- herbal/natural products
- all medications including non-prescription products

Ask your doctor, nurse or pharmacist to review all your medications to see if any can be stopped or reduced.

SafeMedicationUse.ca



Visit safemedicationuse.ca for more information.

**Stanton Territorial Hospital** 

**YELLOWKNIFE NT**