It's Safe To Ask*

QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

when you see your doctor, nurse, or pharmacist.

1. CHANGES?

Have any medications been added, stopped or changed, and why?

2. CONTINUE?

What medications do I need to keep taking, and why?

3. PROPER USE?

How do I take my medications, and for how long?

4. MONITOR?

How will I know if my medication is working, and what side effects do I watch for?

5. FOLLOW-UP?

Do I need any tests and when do I book my next visit?



Canadian Society of Hospital Pharmacists Société canadienne des pharmaciens d'hôpitaux





CANADIAN ASSOCIATION DES PHARMACISTS PHARMACIENS ASSOCIATION DU CANADA







SafeMedicationUse.ca

Visit safemedicationuse.ca for more information.

Get a Manitoba Institute for Patient Safety medication card at www.safetoask.ca



2016 ISMP Canada

Keep your medication record up to date.

Remember to include:

- 🕜 drug allergies
- 🐼 vitamins and minerals
- A herbal/natural products
- all medications including non-prescription products

Ask your doctor, nurse or pharmacist to review all your medications to see if any can be stopped or reduced.

Trademarks owned by the Manitoba Institute for Patient Safety

Inc.