Frequently Asked Questions

Where can I find videos, eLearning modules or onsite training on how to create a Best Possible Medication History (BPMH)?

The Best Possible Medication History (BPMH) is the cornerstone of medication reconciliation. Over the past 10 years of Safer Healthcare Now! a number of training packages have been developed to help educate healthcare practitioners on how to create a BPMH. Below is an abbreviated list of educational videos, e-learning modules and workshops:

**ELEARNING MODULES**

- **Keeping patients safe with Medication Reconciliation: We all have a role to play**, CCCEP accredited RxBriefcase e-learning module developed by ISMP Canada; contains a section on Creating the BPMH.
- Sunnybrook’s **e-BPMH Training Package!**, Toronto. An open access e-learning modules on collecting a BPMH which include case based approaches (with videos).
- **Giving a Medication History - Patient | View Emmi Education Program**, Parrish Medical Centre, USA. An e-learning module is directed toward patients but there is good learning in this for pharmacists as well.
- **Medication Reconciliation: A Learning Guide**, Queens University. An open access e-learning module includes a section on How to Obtain the Best Possible Medication History (BPMH) with group activities.

**VIDEOS**

Educational Videos:

- **Get It Right!**, Australian Commission on Safety and Quality in Healthcare. An Australian and hospital focused video concentrates on role playing for collection of the BPMH and discusses some good basic principles.
- **Taking a Good Medication History Video**, MARQUIS study, USA.
Medication Review Videos:

Although medication review differs from medication reconciliation, these videos offer some good tips on determining a patients’ actual medication use.

- Pharmacy Medication Assessment Mini-Series, University of Saskatchewan (Derek Jorgensen)
- Beyond the Counter MedsCheck series, Ontario Pharmacist Association

Light-hearted Videos:

- How to Take a Medication History, University of Utah, USA.
- BYOB, Trillium Health Centre, ON. Describes the practical challenges in acquiring a BPMH.

Workshops for Clinicians

- BPMH Training for Pharmacy Technicians, Understanding the hospital pharmacy technician’s role in the medication reconciliation process. A full-day ISMP Canada workshop designed to provide hospital pharmacy technicians with an overview of medication reconciliation. Workshop focuses on the importance of the Best Possible Medication History (BPMH) within the medication reconciliation process and participants will learn how to conduct a BPMH interview and document the necessary components of a BPMH. Contact: education@ismp-canada.org.

- Jump into MedRec: BPMH Training Across the Continuum. This half-day workshop for Pharmacists, Registered Nurses, Registered Practical Nurses, and Pharmacy Technicians will focus on how to obtain a BPMH. Attendees will gain sufficient knowledge and skill to be able to apply the process in their own healthcare environments. Contact: education@ismp-canada.org.