



Medication Reconciliation (MedRec)

safer healthcare
now!

Frequently Asked Questions

Where can I find patient and family resources for medication reconciliation?

Over the past several years, a number of Canadian teams and organizations have developed tools and resources for patients and their families/care givers to help them understand their role in medication reconciliation. Here are some of these resources.

WEBINARS

[Partnering with our Patients, February 2014](#). The webinar highlighted various hospitals' efforts to encourage patients to communicate effectively about medication use.

RESOURCES

[Medication Tips](#), BC Patient Safety and Quality Council

[Posters](#) and [brochures](#) for the public, Alberta Health Services.

[MedsCheck](#), Ontario Ministry of Health and Long-Term Care

The Hospital for [SickKids](#), Toronto discusses MedRec concepts for paediatrics

A well-informed patient is a safer patient! New Brunswick ([pamphlet](#))

[Information for patients and families](#) (Manage your Medications), Nova Scotia Quality and Patient Safety

[Your Medication List](#), Health PEI

The [MARQUIS](#) manual has several posters that can be replicated. Download manual (pages 154-160).

The [Aurora Health Care Medication List Toolkit](#), USA has some good tools and resources.

[Paediatric Medication Reconciliation Collaborative](#) report includes an example of a form letter you may wish to consider for parents plus older examples of such tools used at CHEO.

ARTICLES

[Family identified barriers to MedRec](#) (journal link). This study aims to discover family-identified barriers to providing medication information, family ability to provide medication information, and family suggestions to improve the medication reconciliation process.

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PATIENT/FAMILY-MAINTAINED MEDICATION/IMMUNIZATION LISTS



- Fillable PDF template
 - Paper booklet
 - Smartphone app FREE for Apple, Android and Blackberry
- All available at www.knowledgeisthebestmedicine.org

PATIENT INFORMATION ON THE IMPORTANCE OF KEEPING AND COMMUNICATING MEDICATION LISTS



- [‘One Simple Solution for Medication Safety’ - DocMikeEvans Video](#)
- [When It Comes to Your Medicines, Don't Rely on Memory!](#)
- [Medication Reconciliation Can Help to Reduce the Chance of Errors with Medicines!](#)
- [Good Communication Can Help Prevent Harmful Mistakes with Medicines!](#)
- [An Important Question - Does this new medicine replace one of my current medicines?](#)

PATIENT-FOCUSED WEBSITES

SafeMedicationUse.ca

An ISMP Canada patient-focused [website](#) with information on safe medication practices including information specific to medication reconciliation.



A Manitoba Institute of Patient Safety Website that provides information on a variety of patient safety topics including a section [It's Safe to Ask](#) which contains videos on keeping a medication list and tools to help do so.



A program for consumers to help them take control of their health and work with their prescribers and healthcare team to manage their medicines safely and appropriately.