

Is it time to get your opioid therapy in sync?



Are you finding that...

- ✓ Pain and function aren't improving, and maybe even worsening?
- ✓ Higher doses are needed to manage pain?
- ✓ The supply of opioids isn't lasting as long as it used to, or refills are needed earlier than expected?

and/or

- ✓ There is borrowing from others, saving supplies for a rainy day or fear of running out of opioids?

Structured Opioid Therapy may be able to help.

Structured Opioid Therapy is a team-based approach to opioid therapy that involves patients, prescribers (physicians and nurse practitioners), and pharmacists. It can be useful when the current opioid therapy is out of sync with the goals for function and pain control. Structured Opioid Therapy involves:

Open communication and respect between the patient, prescriber, pharmacist, and other team members.

Routine monitoring of pain, function, and other goals of therapy.

More frequent and regularly scheduled meetings between the patient and pharmacist, patient and prescriber, and pharmacist and prescriber.

Routine monitoring of opioid use using lab tests, questionnaires and other tools.

Get in sync with Structured Opioid Therapy