

Safe Use of Opioids for Acute Pain Notification of Community Pharmacist Recommendations

Pharmacy: _____

Pharmacist: _____

I am participating in a project funded by Health Canada and developed by the Centre for Addiction and Mental Health (CAMH) & the Institute for Safe Medication Practices Canada (ISMP Canada).

This local initiative is aimed at recommending and dispensing opioid prescriptions according to the Ontario Health (Quality) Standard for opioids in acute pain for **safe daily dose and quantity**.

Our patient, _____ had their opioid prescription filled in this pharmacy on _____. I undertook the following actions:

- Recommended the use of NSAIDs and / or Acetaminophen first line.
- Advised the patient to take NO more than _____ number of tablets per day to stay within the recommended 50 milligram morphine equivalents per day (50 MME).
- Dispensed an initial quantity* of _____ tablets as a part-fill.
- Counseled the patient on the safe storage and safe disposal of opioids.
- Advised the patient to call the pharmacy to discuss a further supply if they only have 2 days left and are still in significant pain.

**Suggested quantities are informed by: Ontario Health (Quality) Standard for Opioids in Acute Pain¹, OPEN Michigan Opioid Prescribing Recommendations² and other references (available on request.³)*

Please call me if you'd like to discuss this further.

Pharmacist Signature: _____ Tel: _____

For more information specifically about project, please contact: rxopiods@camh.ca

1. Health Quality Ontario Standards for Opioid Prescribing for Acute Pain. **Care for People 15 Years of Age or Older:** <https://www.hqontario.ca/portals/0/documents/evidence/quality-standards/qs-opioid-acute-pain-clinician-guide-en.pdf>
2. Opioid Prescribing Engagement Network (OPEN) New Opioid Prescribing Recommendations for 2019: <http://michigan-open.org/new-opioid-prescribing-recommendations-for-2019/>
3. Other references available on request