

# OPIOIDS

## for Short-Term Pain



### Do I really need that much?

**Most people don't use all the opioids they've been prescribed for short-term pain.**

Your leftover opioids are dangerous in the hands of children, teenagers, and your community.

### What can I do?

- **Talk** with your pharmacist about the right quantity of opioids for you.
- **Ask** your pharmacist about other options for pain relief.
- **Store** your opioids in a secure place; out of reach and out of sight of others.
- **Return** leftover opioids to any pharmacy.



Centre for Addiction and Mental Health



Institute for Safe Medication Practices Canada

Available from: [www.ismp-canada.org/rxopioid/](http://www.ismp-canada.org/rxopioid/)

Examples of opioids used for short-term pain:  
**codeine, hydromorphone, morphine, oxycodone, tramadol**